

FACT SHEET

ASIAN STIR FRY MIX

An interesting mix of gourmet Asian leafy greens including tatsoi, Chinese broccoli and Chinese cabbage varieties.

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| Best time to sow: | Warm zones – Autumn to Winter, Temperate zones – Autumn and Spring, Cool zones - Autumn & Spring |
| Best in: | Vegie patches and pots |
| Where to grow: | Full sun |
| Harvest time: | 8 weeks |
| Recipe Ideas: | Stir fried, pho, salads |



PLANTING TIPS

- Prepare the soil with potting and some **Yates® Dynamic Lifter® Organic Plant Food** before planting.
- Sow directly where they are to grow at around 5mm deep
- Keep the soil moist whilst establishing seedlings-

GROWING GUIDELINES

- To keep them growing well regularly feed with some **Yates® Thrive® Vegie & Herb Liquid Plant Food**.
- Snails and slugs love leafy greens so watch out for their damage or slimy trails.

HARVESTING TIPS

- Start regularly picking individual leaves from the early stages, when they are young and tender. Plants will continue to grow and can be repeat harvested.