



Kids Projects

Growing carrots

You'll need a spot that has good sun and soft soil.

1. Dig up the soil and mix in some compost or old cow manure (you can buy this in bags). Rake to smooth the soil.
2. Make a little groove in the soil – you can do this by running a pencil on its side along the soil.
3. Mix the carrot seeds with some sand – this makes the seed easier to spread. Sprinkle the seed/sand mix along the groove. Cover with soil and press down gently.
4. Water using a watering can – it's important that the water doesn't wash away the soil.
5. Now take a flat board or something similar and press it gently on top of the row – this improves the contact between the seeds and the soil and helps get the moisture from the soil into the seed.
6. Feed the plants every two weeks with Thrive or Aquasol. You can water these over the plants and into the soil.
7. Don't let the soil dry out. Your seeds will probably need watering every day.
8. When the baby carrots start to grow (4-6 weeks), thin out crowded plants so that there's room for them to grow big and strong.
9. After about 11 weeks, the carrots should be big enough for you to harvest. Simply pull them out of the ground and give them a good wash before eating.

YUMMY!

Remember to always:

- Wash your hands well after gardening.
- Wear shoes to protect your feet.
- Wear a hat and sunscreen.